



# Fitness Care Essential

Get yourself in shape



Lab Test



Consultation Benefits



Network Discounts

## About Bajaj Finserv Health

**Bajaj Finserv Health** is a health management platform that aspires to be an enabler in the healthcare ecosystem by creating a network of service providers and using the latest technologies to improve the health of consumers.

We have integrated the health ecosystem from doctors to service providers like hospitals & labs and insurance to Health EMI financing.

## Introduction to Fitness Care Essential Plan

Taking care of your body is important for a healthy life. A strong immunity system helps one fight diseases and stay fit to carry out everyday activities. Fitness Care Essential Plan offers numerous health care services which helps maintaining a healthy and fit body.

### Common Problems Faced By Young Adults



Obesity



Low Immunity



Loss of Appetite



Hormonal Imbalance

## Why should one buy Fitness Care Essential Plan?

Understanding the benefits of physical fitness and following a holistic approach towards it can help you maintain good health and improve your overall quality of life. Fitness Care Essential Plan offers lab test package and doctor consultations for an easy and affordable way of keeping oneself fit covering benefits upto ₹ 4000 at just 40% of the cost.

### Product benefit details:

Benefit of ₹ 3,899+	
BENEFITS	ESSENTIAL
<ul style="list-style-type: none"><li>• <b>Lab Package</b><ul style="list-style-type: none"><li>Hemogram &amp; ESR</li><li>Urine Routine</li><li>Blood Sugar (Fasting/Random/PP)</li><li>Blood Urea</li><li>TSH</li><li>Serum Creatinine</li></ul></li><li>• <b>OPD (Doctor Consultation) Benefit</b><ul style="list-style-type: none"><li>Specialist Type</li><li>Dietician</li></ul></li><li>• <b>Network Discounts</b><ul style="list-style-type: none"><li>- <b>10% discount</b> on doctor consultation, lab tests, preventive health check-up, dental procedures, spectacle and pharmacy</li><li>- <b>5% discount</b> on IPD room rent</li><li>- <b>Free ambulance</b> service on IPD admission</li></ul></li></ul>	<div>1</div> <div>1</div> <div>1</div> <div>1</div> <div>1</div> <div>1</div> <div>₹ 900</div> <div>Yes</div> <div>Up to 60% OFF</div> <div>₹ 1,399</div>

MRP (Incl. of GST)



Scan the QR code to download the Bajaj Finserv Health App



Click [here](#) to further read the terms & conditions of the Fitness Care Essential Plan in detail.  
To check frequently asked questions, click [here](#).

For support call **020-48562555**  
Or mail at **customercare@bajajfinservhealth.in**

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