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# PROTECTING your mindfulness with a holistic insurance.

Mental healthcare is equally important as your physical health. Now, you can secure your mental wellness with a mental health insurance plan so you can live a carefree life.

## Health Insurance

Aditya Birla Health Insurance Co. Limited  
(A subsidiary of Aditya Birla Capital Ltd.)



**ADITYA BIRLA  
CAPITAL**

PROTECTING INVESTING FINANCING ADVISING



### What benefits does the plan offer?

Covers psychiatrist consultation, nutritional and psychological counselling.



### What all does it cover?

- Covers pre-existing illnesses after waiting period of 4 years.
- Covers room rent restricted up to 1% of the Sum Insured subject to maximum Rs 5000 per day for normal & double the normal room rent limit per day for ICU and all other charges accordance with the room rent restriction.
- Covers IPD psychiatric benefit up to Rs 1,00,000/-



### What are the exclusions?

- Hospitalization charges other than hospitalisation for psychiatric treatment
- Physical consultation (OPD)
- Pre-existing condition
- Expenses for Dependents

For a full list of exclusions, please refer to the policy wordings.