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PROTECTING yourself against obesity comes with many benefits.

Obesity comes without warning and can happen to anyone at any time. Hence, you need to protect yourself with Aditya Birla Health Insurance's **Obesity Insurance** plan that provides benefits like 6 fitness sessions, doc-on-call, diet planning and more.

Health Insurance

Aditya Birla Health Insurance Co. Limited
(A subsidiary of Aditya Birla Capital Ltd.)



**ADITYA BIRLA
CAPITAL**

PROTECTING INVESTING FINANCING ADVISING



What benefits does the plan offer?

- 6 Fitness Sessions
- Policy Tenure: 1 year
- Age Band: 36-50 years



What all does it cover?

- 6 Fitness Sessions per month at the centre or online
- Doc on call
- Diet plan
- Unlimited counselling



What are the exclusions?

- service other than “6 fitness sessions (At centre/online)/month+Doc on call+Diet plan and counselling unlimited”
- Deletion of member

For a full list of exclusions, please refer to the policy wordings.