

Anju Kurien | Cancer Survivor

## PROTECTING yourself against obesity comes with many benefits.

Obesity comes without warning and can happen to anyone at any time. Hence, you need to protect yourself with Aditya Birla Health Insurance's **Obesity Insurance for Women Only** that provides benefits like 6 fitness sessions, doc-on-call, diet planning and more.

### Health Insurance

Aditya Birla Health Insurance Co. Limited  
(A subsidiary of Aditya Birla Capital Ltd.)



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PROTECTING INVESTING FINANCING ADVISING



### What benefits does the plan offer?

- 6 Fitness Sessions
- Policy Tenure: 1 year
- Age Band: 36-50 years



### What all does it cover?

- 6 Fitness Sessions per month at the centre or online
- Doc on call
- Diet plan
- Unlimited counselling



### What are the exclusions?

- Service other than 6 fitness sessions (at centre/online)/month + Doc on call + Diet plan and unlimited counselling
- Male members
- Deletion of member

For a full list of exclusions, please refer to the policy wordings.